

SPECIAL REPORT

Adam Armstrong's

THE
WEIRDEST YET MOST
POWERFUL WAY TO GET
**ROCK-HARD
ERECTIONS**
THAT LAST ALL NIGHT



Here are 3 weird, yet
WONDERFUL, ways to safely
and naturally get harder,
longer lasting erections...

Better In Bed Special Report: Revealed: The Weirdest, Yet Most Powerful Way to Get Rock-Hard Erections that Last All Night

By Master Sex Coach Adam Armstrong
and Master Herbalist Elwin Robinson

Written for every man who wants to master his body

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Now that we're finished with this notice, let's talk about "The Weirdest, Yet Most Powerful Way to Get Rock-Hard Erections that Last All Night"

Disclaimer

The information in this book is provided for personal entertainment purposes only. You remain 100% responsible for your actions at all times.

Cautionary Note

Some of the information in this book is hard-core. It's explicit. It's of an extremely adult nature (and is not intended for anyone under 18 years of age).

Before making any nutritional or lifestyle changes, you must consult your Doctor or Physician. The information in this special report is not intended to treat, diagnose or cure any disease or ailment.



About Master Sex Coach Adam Armstrong

He specialises in teaching men how to become better lovers. The reason why he is able to do this so effectively is because he has spent years figuring out why most men are clueless when it comes to women and why so many women are dissatisfied in bed with their men.

It wasn't easy to work all of this stuff out, largely because the mainstream sex advice to be found in magazines (both those aimed at men and women), on television and on the internet proved to be mostly inadequate. And the stuff in so called "scientific literature" was often no better.

It seemed that most so called "sex experts" skirted around the real issues for fear of offending people, or simply because they did not really know what women wanted, needed and craved in the bedroom and much less how to teach men the skills required to become dynamite with women.

Luckily for you, Adam has this stuff figured out.

He is not afraid to speak his mind and at times uses some, how shall we say; colourful language! He might challenge your beliefs and seriously make you question much of what you previously thought was true about female sexuality.

But if you go with it and read, listen and watch Adam's programs with an open mind - you will become a better lover than you ever dreamed possible.



About Master Herbalist Elwin Robinson

Elwin is the Founder of [Lion Heart Herbs](#), Europe's #1 Educator on the Taoist approach to Health, and #1 Supplier of High Quality and Affordable Taoist Tonic Herbs to the World.

As Founder of **Lion Heart Herbs**, Elwin brought awareness of the value and use of **Taoist Tonic Herbs** as well as cutting edge nutritional supplements to the world. The store was based around Integrity as it's number one principal, with everything available on the store being tested rigorously by Elwin himself, and nothing that was found to do nothing, or be harmful, could make it onto the store, irrespective if there was demand or profit was high. The store also features the

innovative approach of having videos for every category and product on the online store, so that people can learn and be fully informed before making any purchase. Elwin was the first person to bring **Taoist Tonic Herbal Blends** to a western audience and some, such as **Rejuvenate**, are so popular as to have achieved a loyal 'cult' following. A free copy of the book ***Top 20 Tonic Herbs in the World*** can be found **Here**.

Elwin is also the Creator of **Complete Detox Academy**, **Taoist Health Academy** and **High Energy Academy**, and the author of '***the Easy Exhaustion Cure***' and '***the 4 Step Safe and Effective Detox Action Plan***'.

Elwin has always been interested in Health since childhood. With a mother who had cancer 4 times, and a father with Chronic Fatigue Syndrome, Elwin is determined to get to the Root Causes of what really creates Disease, and what it really takes to have Outstanding Health and Wellbeing. After suffering from Health Challenges all his life, Elwin became determined, in 2007, to 'Get his Energy back or Die Trying', and, with this level of Resolve, made rapid progress, after a few false starts, which led him naturally, organically, after many requests, to dedicate himself full time to helping others get the kind of Results that he had achieved.

Elwin discovered, initially through trial and error, and then by working with clients one on one for many years, that there are 3 Core Keys to having truly Exceptional Health. These are: 1 Replenishing Reserves of Energy 2 Cleansing Toxicity and 3 Restoring Balance and Building Strength, using powerful Taoist techniques. These 3 steps ended up being decoded in his 3 signature coaching programs: High Energy Academy, Complete Detox Academy and Taoist Health Academy, which have now had over 1000 Successful Clients.

More recently, Elwin realised that, in order to reach and empower more people to be Happy, Health and Energized, he would need help, and to that end trains people who are deeply committed to helping people and making a difference at the **Health Coaching Institute**, which he founded.

As a Teacher of Health, Elwin has dozens of articles published in magazines such as Get Fresh, Passion and Funky Raw, and has over **450 videos on Youtube, with over 1 million views!**

Click on any of the highlighted links above to find out more about what Elwin can do for you.

You can also connect with Elwin through:

www.facebook.com/lionheartherbs

www.facebook.com/elwinrobinsonhealthmastery

www.youtube.com/ElwinRobinson

Introduction

Hey, it's Adam Armstrong here,

And in this special report you're going to discover **the weirdest, yet most powerful way to get rock-hard erections that last all night.**

Getting hard and staying hard should *just happen*, without you having to give it too much thought. It's your masculine right – equivalent to a woman getting WET!

When a woman gets turned on – when something peaks her sexual interest – she gets wet. It's nature's way of preparing her body for sex.

A guy getting HARD – getting an erection – is nature's way of getting him ready for sex.

Trouble is...

More and more men are losing that ability. More and more men are struggling to get and maintain a hard, long lasting erection...

And because of this problem, **an ever growing number of men are resorting to taking 'Penis Pills' from Big Pharma.**

Of course, the 'Penis Pills' rarely work in the long-run, and come with a list of nasty side-effects as long as your arm.

Many men are aware of these side effects, don't like the idea - and are therefore looking for alternative solutions to their 'erection troubles.' Alternative solutions that are SAFE and NATURAL.

If you're that guy...

If you want **harder, longer lasting erections** – and you want to get them without relying on potentially very dangerous drugs – and you want cutting-edge solutions that are fast-acting, safe and natural...

Then this report is for you...

Because in this report you'll not only discover the weirdest, yet most powerful way to improve your erection quality in double-quick time – you'll actually discover 3 awesome ways to get harder, longer lasting erections...

Of course, all 3 are safe and natural – and don't require the use of Pharmaceutical Drugs.

This report contains video as well as text – cuz everyone LOVES video these days ;) In the 2 videos, you'll see my good friend, and Master Herbalist, Elwin Robinson.

Elwin knows a ton about how to get healthy and improve sexual performance the natural way. So I think you're really gonna like his input.

Ready to get stuck in?

Great.

Then we shall begin...

How To Get Hard, Long Lasting Erections - Technique #1: **Re-Learn How To Breathe Properly!**

I get it...

You're reading this and you're likely thinking:

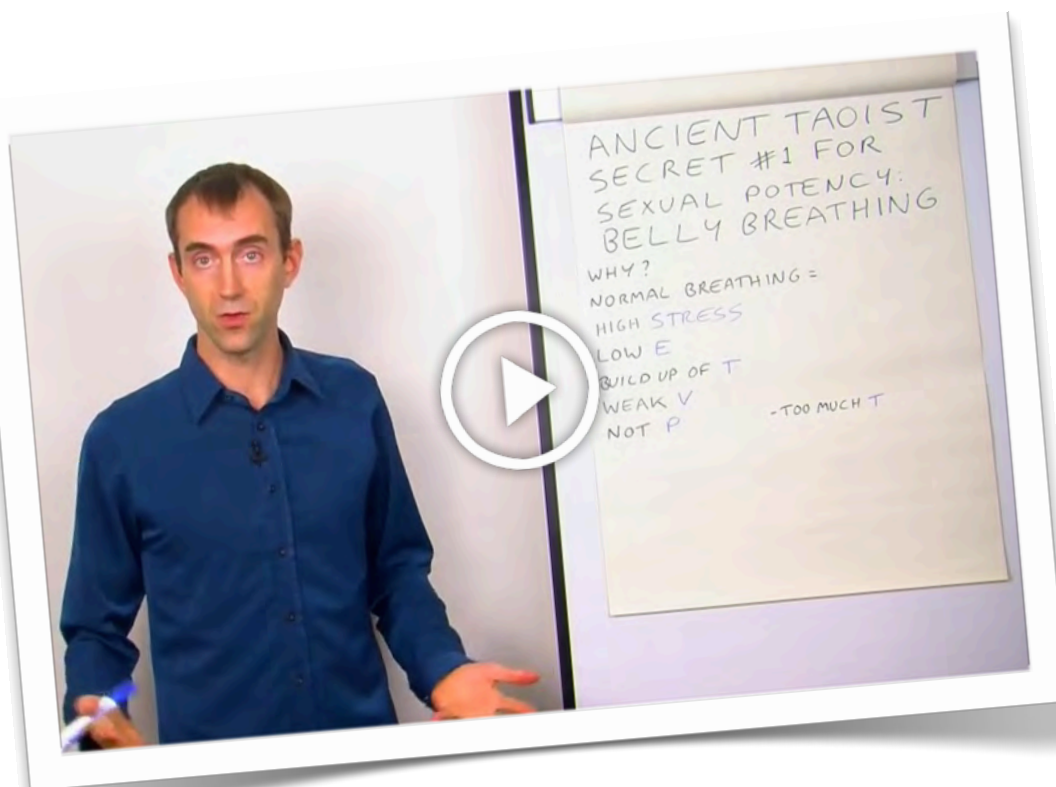
"Adam, come on. I know how to breathe"

And that's PARTLY true.

For sure, you know how to breathe to some extent. But **do you know how to breathe diaphragmatically?**

Over time, most adults lose this skill without even realizing it.

And losing the skill to breathe diaphragmatically (deeply, into the belly) is very BAD NEWS. Because it's one of the most important things you can do:



- **For your health**
- **For your sexual staying power**

Remember...

Rock-hard erections that last a long time require high levels of health. Something many guys sadly lack these days.

And...

What's good for your health, is good for your hard-on!

Click to Play

In the video above, Elwin will talk in more detail about Diaphragmatic (or DEEP) Breathing, how to re-learn this skill (because we all had it as babies and young children) and why it'll help your sexual performance.

How To Get Hard, Long Lasting Erections - Technique #2:

Do Daily Kegel Exercises

Kegel Exercises are a really simple way to improve STAYING POWER.

Seriously, if you want to last 30 minutes or more, every time you have sex – you gotta do your Kegel Exercises every day.

Good News:

It'll only take a minute or two, and you can do them while driving your car or sitting at your desk. You certainly don't have to go to the gym to do your kegel's ;)

Great News:

Get good at Kegel Exercises and **you can get to a point where your sexual stamina becomes virtually infinite**. Meaning you'll literally be able to last as long as you want – and pick and choose *exactly* when you 'blow your load.'

Powerful stuff.

Something women love.

Here's how you do 'em:

- Drink 500ml of water
- Then, when you need to pee, go pee – but stop yourself 2 or 3 times 'mid-flow.' You now know how to contract your PC Muscles (the muscles most important for bladder control AND erection control)
- Now, once or twice a day, contract your PC Muscles for 10 seconds, relax for 5 seconds. And then repeat 4 more times (5 rounds total).
- Once you've done that, pulse your PC Muscles 'on and off' as fast as you can, 60 times

As you do your Kegel Exercises, try not to tense any other muscles.
Just your PC Muscles.

Do these exercises daily (it'll only take a couple minutes) – and getting and maintaining a quality erection will become a whole lot easier.

FACT: skilled lovers know how to contract their PC Muscles during intercourse. And once they get good at it – their staying power becomes virtually never-ending. Believe me – it can get to the point where you can pretty much choose exactly when you 'blow your load,' every single time.

Pretty cool ;)

How To Get Hard, Long Lasting Erections - Technique #3: **Take Superherbs**

OK. You made it to technique #3.

This is the WEIRD one. But it's also really really powerful.

Well, actually – it's not that weird. It's just not really know about here in the West. In the East – in countries like China – they've been using Superherbs to improve all aspects of health (including sexual performance) for THOUSANDS of years.

Unlike Big Pharma's 'Dick Pills' – Superherbs are:

- Safe
- Natural
- Proven
- Have no side-effects



Click to Play

The only potential problem with taking Superherbs to improve sexual performance is that it's difficult to know WHAT to take, WHEN to take it and in what quantities!

Fortunately, Elwin explains all you need to know in the video to the left. Pay attention and watch closely – cuz these Superherbs can give you **the kind of hard-ons that'd put an Adult Movie Star to shame...**

To learn more about Man Tea:
Rock Hard





More from Adam Armstrong

If you want to improve your 'bedroom game' even further, check out some of my other products – each one designed to help you have much better sex...



Huge Load Formula

Here's a great tasting drink that'll give you harder, stronger, longer-lasting erections. And it'll make you blow a much BIGGER load...

[Click here to learn more](#)



Huge Load Formula Extreme

This awesome formula gives you even harder, even stronger, even longer-lasting erections. And makes you blow truly HUGE loads.

[Click here to learn more](#)



How to Last Longer in Bed

A treasure chest of proven tips, techniques and strategies guaranteed to help you last longer in bed and totally SATISFY your woman

[Click here to learn more](#)

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